





#### 🍂 Swedish Massage

A European massage technique developed in the 18th Century in Sweden. It is a bouquet of fine muscular manipulations stimulating the nervous system using kneading, tapping and picking movements and giving utmost relaxation.

Duration : 60 min. Price : ₹ 2500/-

#### 🍂 Aromatherapy

Aromatherapy is the art of using oils extracted from aromatic flowers, herbs, spices, woods and fibers to enhance health and beauty. In addition to the physical benefits, aromatherapy has subtle effects on the mind and emotions. The customized massage, which uses a light, rhythmic pressure, is very calming and soothing. Choose from our special blends. Awaken, Revive, Serene

Duration : 60 min. Price : ₹ 2600/-

#### 🚓 Balinese Massage

Traditional Balinese massage is a blend of gentle stretches, acupressure and aromatherapy oils to stimulate the flow of blood, oxygen and "qi" (energy) around your body, and bring deep relaxation and wellness and stimulates circulation, eases muscular and joint pain, and brings a sense of wellbeing, calm and deep relaxation.

Duration : 60 min. Price : ₹ 2700/-

#### 🏚 Deep Tissue Massage

A strong massage that focuses on specific areas of need, helping to reduce muscle tension and increase range of motion. It incorporates a special deep tissue aroma blend of Ginger, Cinnamon, which helps relax muscles while aiding the body to eliminate toxins.

Duration : 60 min Price : ₹ 2700/-

# 🍂 Thai Massage

Thai Body Massage (typically a feel of Thailand in your own hometown of Jamshedpur. A dry massage without oil to take your stress away & offers you deep relaxation)

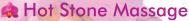
Duration : 60 min. Price : ₹ 2600/-

# 🍂 Abhyangam

The Traditional Ayurveda Massage working on the Energy points and Chakras. A unique experience being nurtured For last 5000 years & a must for all. This head to toe nurturing massage is a package in itself for complete relaxation and wellbeing using herbal oil blends. This massage helpslo bring balance & harmony in the body.

Duration : 60 min. Price : ₹ 2300/-





Hot (lava / basalt) stones rich in magnesium have great heat retaining capacity. Our specially developed aroma oil blend applied with the hot stones will allow the heat to relieve pain in your deep muscles without affecting your sensitive skin.

Duration : 60 min. Price : ₹ 2600/-

#### Sea Soul Candle Massage

How nice if we can burn the candle & enjoy the beautiful aroma of the candle & at the same time also enjoy a relaxing & soothing massage with the oils released from the candle.

Duration : 60 min. Price : ₹ 2200/-

#### 🌲 Elevate your Massage Experience

- Add a full body scrub of your choice for ₹ 1400/-
- Add a full body scrub and wrap of your choice for ₹ 2000/-
- Add a back scrub of your choice for ₹800/-

#### 🍂 Thai Foot Massage

Traditional foot massages using pressure points on feet and relaxing stnokes on the legs to take another world of peace and serenity. This massage is a staple of traditional Thai medicine, which is both invigorating and relaxing. Gentler than Chinese reflexology to which it is often compared, Traditional Thai foot massage works on the pressure points in the foot to regularize the flow of energy and relieve stress throughout the entire body. Beginning with a footbath, foot scrub and special welcoming ritual.

Duration : 30 min | 60 min. Price : ₹ 600/- | ₹ 1050/-

# Reflexology

Traditional Chinese healing massage working on the reflex-points on the feet. It is an excellent healing and relaxing massage. Reflex zones of the feet correspond with neurological pathways to the restof the body and its vital organs. Alleviating pain by focusing on the pressure points and using soothing massage techniques, these areas are stimulated to help improve your immune system, strengthen organs and ease pain arising from minor ailments.





Duration : 30 min. | 60 min Price : ₹ 600/- | ₹ 1050/-

#### 🍂 Aroma Candle Foot Massage

An amazing experience of a foot massage with melted aroma candle wax. Extremely soothing and moisturizing for the feet especially during winter season. It is recommended for dry feet and aching muscles.

Duration : 30 min. Price : ₹ 850/-

#### A Head Massage

The most ancient stress buster massage... Head massage. This massage is done using some cooling oils which are fantastic for relaxing, stopping hair loss and graying of hair. With oil and without oil options available.

Duration : 45 mins | 25 mins Price : ₹ 900/- | ₹ 500/-

#### 🚓 Back Neck Shoulder Massage

Nothing feels better than a nice Back Neck Shoulder Massage after a long tiring day. This is really a blessing for all those who spend long hours behind the desk or computers. Enjoy the tranquil effects of our anti-stress massage as you experience a combination of techniques designed to relax the muscles and help stimulate the mind.

Duration : 30 min. Price : ₹ 1050/-

# Upgrade your Experience

Add an herbal compress for Foot at ₹ 500/-Add a foot scrub of your choice at ₹ 400/-

# 🚕 Janu Basti (Knee Treatment)

Janu Basti is a therapeutic application of warm medicated oil on the knee joints. The healing properties of herbal oil used for this Basti deeply cleans and fortifies the blood, building strong muscles and connective tissues and lubricating the joints.

Duration : 30 min. | 60 min. Price : ₹ 600/- | ₹ 1500/-

# Manya Basti (Neck Treatment)

Manya Basti is a special treatment for the neck in traditional Ayurveda. This is excellent for people with neck pain due to stress. The herb infused oil is excellent to physically and energetically move the stagnant stress energy that has become lodged in the neck.

Duration : 30 min. | 60 min. Price : ₹ 900/- | ₹ 2100/-





This fruit scrub is a gentle and non-invasive way to treat your skin. This treatment provides the much-needed hydration and tightening effect on the skin and hence it is suitable to reverse the impacts of dry and ageing skin.

Duration : 30 min. Price : ₹ 1250/-

#### Chocolate & Nuts Body Scrub

Indulge into a delectable chocolate experience that will leave your skin nourished and supple. Chocolate is known for its anti-ageing and rejuvenating effects on the skin.

Duration : 30 min. Price : ₹ 1500/-

#### 🚓 Mango Body Scrub

Nothing can beat the joyous Mango recipe for an unforgettable experience! Mango and Papaya have an enzymatic action on the skin by gently exfoliating and bestowing hydration.

Duration : 30 min. Price : ₹ 1250/-

#### 🎪 Blueberry & Soya Wrap

Treat for your skin with berries continues. A scrub prior to the mask imparts deep hydration and firming effect to the skin. It is a fantastic wrap for dry and matured skin.

Duration : 30 min. Price : ₹ 1600/-

# 🎪 Chocolate & Nuts Wrap

Immerse yourself in chocolate! Chocolate provides nourishment and is useful for firming and tightening your skin. A scrub prior to the mask will ensure anti-ageing and rejuvenating effects on the skin.

Duration: 30 min. Price: ₹ 1600/-





# 🔈 Mango & Papaya Body Wrap

Enjoy the Mango joy! A scrub followed by a special Mango & Papaya mask will gratify the thirst of your skin and aid in reviving it.

Duration : 30 min. Price : ₹ 1600/-

#### name Body Treatments & Body Polish

Combination of a scrub and a wrap of your choice

Duration : 90 min. Price : ₹ 3300/-

# 🏟 O3+ De-pigmentation Facial Treatment

Duration : 60 min. Price : ₹ 3200/-

#### ♠ O3+ Instant Glow Facial

Duration : 60 min. Price : ₹ 2500/-

## ♠ O3 + Cleanup

Duration : 30 min. Price : ₹ 1700/-

#### **Mormal Cleanup**

Duration : 30 min. Price : ₹ 900/-

# **&** Express Facial

Get a radiant glow and look beautiful in quick time with our express treatment. .

Duration : 60 min. Price : ₹ 1100/-

# 🎪 Skin Lightening Facial

With Strawbery, papaya, green apple & licorice, this facial with its specially designed rubber mask helps in skin lightening naturally. It also nourishes the skin and helps in bringing radiance and glow.

Duration : 60 min. Price : ₹ 2250/-

# 🍂 Actilift Skin Firming Facial

Active ingredients like Pomegranate and Ashwagandha extracts are photoprotective and prevent collagen breakdown helping in anti-wrinkle activity. Jojoba oil nourishes and maintains elasticity of skin making it look youthful.

Duration : 60 min. Price : ₹ 1750/-





#### Aquajoy Hydrating Facial

Dates with a bouquet of essential vitamins like A, B, C and K responsible to: health, youthfulness and elasticity of the skin. MCT in Coconut oil helps in enhanced absorption of the vitamins giving deep hydration to the skin.

Duration : 60 min. Price : ₹ 1750/-

#### Rejuvenating Anti-ageing Facial

Rosemary, Calendula, Evening Primrose & Sunflower with potent anti-oxidents and anti-inflammatory compound help in keeping the skin layers strong and intact helping it maintain its youthfulness and suppleness. This facial is very effective in reducing wrinkles and fine lines.

Duration : 60 min. Price : ₹ 2700/-

#### new Fresh Fruit Facial

Using the benefits offered by a variety of fresh fruits, this splendidfacial aims to cleanse and rejuvenate damaged and dead skin

Duration: 60 mins Price: ₹ 2000

#### 🌨 De-Tan Face Clean (Men & Women)

Duration: 25 min. Price: ₹ 450/-

## 🎪 Full Body De-tan (Men & Women)

Price: ₹ 2500/-

# ♠ Full legs De-tan (Men & Women)

Price: ₹ 800/-

# ♠ Half legs De-tan (Men & Women)

Price: ₹ 600/-





A Full hand De-tan (Men & Women)

Price: ₹ 500/-

🏚 Half hand De-tan (Men & Women)

Price: ₹ 300/-

🌨 De-tan Underarms (Men & Women)

Price: ₹ 250/-

A De-tan Face, Neck & Blouse Line

Price: ₹ 600/-

De-tan Feet (Men & Women)

Price: ₹ 250/-

🏚 Full front De-tan (Men & Women)

Price: ₹ 700/-

Half front De-tan midriff (Men & Women)

Price: ₹ 350/-

🎪 Full back De-tan (Men & Women)

Price: ₹ 700/-

Half back De-tan (Men & Women)

Price: ₹ 350/-

🏚 Luxurious Silky Skin Back Polish

An affluent nurturing of almonds and essence of saffron giving your back a silky, soft and

luxurious feel.

Duration: 30 min. Price: ₹ 750/-

🏚 Extreme Hydrating Back Polish

Essential hydra nourishment of coconut combined with the cleansing and moisturizing effects of honey resulting in

supple and plum skin.

Duration: 30 mins. Price: ₹ 700/ -

🍂 Rejuvenating & Firming Back Polish

Benefit from the firming and the anti-oxidant effects of coffee without the adverse effects of Caffeine.

Duration: 20 mins. Price: ₹ 700 / -





#### **Express Manicure & Pedicure**

Cherish clean, soft and beautiful hands and feet within no time with our popular express treatment for those who find it difficult to take out a lot of time.

Duration: 45 mins.

Price: M - ₹ 400/- I P - ₹ 450/-

#### Whitening Manicure & Pedicure

Just returned from a summer vacation or the beach? This whitening manicure and pedicure is a specially curated treatment for tanned and dull skin helping to restore glow and luster back to the skin.

Duration: 60 mins.

Price:M - ₹ 650/- I P - ₹ 800

#### Aroma Manicure & Pedicure

An aromatic experiencefor a glowing and soft feel to your hands and feet with a treat for your olfactory senses as well.

Duration: 60 min

Price: M - ₹ 550 / - I P - ₹ 650/-

#### Crystal SPA Pedicure

Price: ₹ 1000

#### Crystal SPA Manicure

Price: ₹ 900/-

#### Mail Cut & File

Price: ₹ 120/-

# A Nail Cutting, Filing & Painting

Price: ₹ 200/-





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Threading	Price in ₹	Waxing (Normal Wax)	
• Eyebrows	50	• Full legs	500/600
• Upper-lips	50	• Abdomen	300/400
• Chin	50	Upper lip	80.00
• Side locks	50	• Chin	80
• Forehead -	60	• Side locks	80
• Jaw-line	60	• Jaw line	80
• Full Face	250	• Full face	350/450
		• Full body	2500/3000
Bleaching	Price in ₹	• Full front	800/900
<ul> <li>Upper-lip</li> </ul>	80	• Full back	800/900
• Chin	80	<ul> <li>Bikini line</li> </ul>	300
<ul> <li>Side locks</li> </ul>	80		
<ul> <li>Forehead</li> </ul>	80	Waxing (Rica Wax)	Price in ₹ F/M
<ul><li>Jaw line</li></ul>	80	<ul> <li>Full hands</li> </ul>	500/600
• Full Face	400	<ul> <li>Half hands</li> </ul>	350/450
• Arms	400	<ul> <li>Underarms</li> </ul>	200/300
<ul> <li>Half-legs</li> </ul>	400	<ul> <li>Half legs</li> </ul>	650/750
• Full legs	600	<ul> <li>Full legs</li> </ul>	800/900
• Back	700	<ul> <li>Abdomen</li> </ul>	400/500
• Front	700	<ul> <li>Upper lip</li> </ul>	120
• Full Body	2200	• Chin	120
		<ul> <li>Side locks</li> </ul>	120
Waxing (Normal Wax)	Price in ₹ F/M	• Jaw line	120
• Full hands	400/500	• Full face	500/600
<ul> <li>Half hands</li> </ul>	250/350	<ul> <li>Full body</li> </ul>	3800/4200
• Underarms	150/250	• Full front	1000/1200
• Half legs	300/400	• Full back	1000/1200
• Full legs	700/600	• Bikini line	400

# Brazilian Wax (Men & Women) Price in ₹

Brazilian Normal Honey Wax	
Men	2000
Wemen	1500
• Brazilian Special Hard Wax (Stripless)	
Men	2700

Wemen



2200

Ladies Salon	Price in ₹
• Ladies Hair Cut	500
Hair Trim	300
• Ladies Hair wash with conditioner & normal dry	400
<ul> <li>Hair wash with conditione &amp; blow dry setting (S/M/L)</li> </ul>	·
<ul> <li>Hair Ironing (S/M/L)</li> </ul>	600/700/1000
• Tong Rolls	900
	onwards
Hair Global Colour	2100/2700/3000
Hair Colour Root Touch U	p L'Oreal 1200
<ul> <li>Hair Colour Root Touch U</li> </ul>	p Wella 1400
<ul> <li>Hair Streaking L'Oreal per streak</li> </ul>	300
<ul> <li>Hair Streaking Wella per streak</li> </ul>	400
<ul> <li>Perming (M/L)</li> <li>Extra long &amp; thick (350 ex</li> </ul>	1200/1500 xtra)
• Roller Set	400
• Hair Spa	800/1200/1500
• Power dose	500
<ul> <li>Deep conditioning treatment</li> </ul>	1150/1550/1850
<ul> <li>Anti Dandruff treat</li> </ul>	900
<ul> <li>Hair Rebonding/Straighte</li> <li>L'Oreal – S/M/L</li> </ul>	ning* 3750/5000/6000

4500/6400/7500

3000/4300/5000

3900/4700/5400

<ul> <li>Cysteine Hair Treatment</li> </ul>	
Small	5500
Medium	7500
Long	9000
Extra Rs. 500 will be charged	
depending on length, texture or	
thickness of the hair.	

Mens Salon	Price in ₹
Men Haircut	350
<ul> <li>Hair Wash With Conditioner</li> <li>&amp; normal dry</li> </ul>	250
• Shaving	150
<ul> <li>Hair Colour (Global)</li> </ul>	800
• Mens Bread Full colour (L'Oreal)	350
<ul> <li>Mens Bread Full colour (Wella)</li> </ul>	400
• Beard Trim	150
<ul> <li>Hair Rebonding Loreal Schwarzkopf</li> </ul>	3000 3300
Hair Smoothening	
Loreal	2500
Schwarzkopf	2800
• Head Shave	300.00
<ul> <li>Moustache Colouring</li> </ul>	150.00
<ul> <li>Mens Highlight</li> </ul>	1200.00
<ul> <li>Child's Haircut (upto Age 5)</li> </ul>	300.00



Schwarzkopf - S/M/L

• Hair Smoothening\*

L'Oreal – S/M/L Schwarzkopf S/M/L

\*Plus 850 for extra length or thickness

\* Plus 850 for extra length or thickness \* For fashion colour Rs 100 pre streaks



# **AINA MAKEUP PACKAGES**

#### PARTY ELEGANCE

Simple & elegant makeup of the face for any occasion such as farewells, proms or evening functions

\*Hairdo & other add-ons are chargeable

#### THE ON-THE-GO BRIDE (EXPRESS BRIDAL MAKEUP)

#### Face Makeup

- Hair wash & conditioner
- Blow dry
- Simple hairdo
- Saree or lehenga draping
- \* Hair accessories for the hairdo are available on a chargeable basis

#### THE ROYAL BRIDAL MAKEUP PACKAGE

- Advanced bridal facial makeup
- Hair wash & conditioner
- Blow dry/straightening
- Advanced hairstyling or hairdo to complement your bridal outfit
- Certain hair accessories are complementary
- Nail Spa for feet & hands (cutting, filing, polishing)
- Saree/Lehenga draping

**EYE MAKEUP** 

Beautify your eyes and enhance your features with a natural, shimmery, smokey, heavy, double-winged and many more fun looks! (Fake eye lashes are included)

#### MENS FACIAL LIGHT MAKEUP

Simple & understated, sometimes a basic makeup routine goes a long way in hiding your blemishes and enhancing your features for your special day

Rs. 2500







Rs. 2500



\* Taxes are applicable

# AINA PRE-BRIDAL SERVICES

AINA I KE-DKIDAL SEKVICES	
THE LILY PACKAGE	No. of Service
Haircut	1
• Express Manicure	1
Express Pedicure	1
Express Facial	1
Normal Clean-up	1
Hair Spa	1
Full body De-tan	1
<ul> <li>Full body waxing (normal wax)</li> </ul>	1
<ul> <li>Threading – eyebrows and upper lip</li> </ul>	1
Brazilian wax (with normal wax)	1
Number of services	10
Special Offer	Rs. 10,000
	+ taxes

THE ROYAL ORCHID PACKAGE	No. of Services
Haircut	1
Normal face Clean-up	1
Lotus Skin Brightening Facial	1
Crystal Spa Pedicure	1
Crystal Spa Manicure	1
Hair Spa	1
Power dose for the hair	1
Body Treatment & Polishing	1
De-tan Face and neck	1
De-tan back	1
De-tan full front	1
Underarm whitening de tan	1
Full body waxing normal	1
<ul> <li>Threading eyebrows + upper lips + forehead</li> </ul>	1
Brazilian wax (with normal wax)	1
Number of services	15
Special Offer	<b>Rs.15, 000</b> + taxes





#### **GROOM'S PRE-BRIDAL PACKAGE**

- Haircut
- Express Facial
- De-tan Face & Neck
- De-tan Full Body
- Express Pedicure
- Choose one of the following options:
   Chest Wax Normal Wax/ Back Polishing Rejuvenating
- Hair Spa
- Hair Colour Global/Hair Streaking three streaks
- Threading Eyebrows & Forehead

Number of services Special Offer



## Weddings & Functions Add ons:

Saree Draping	350
• Lehenga Draping	250
Simple Basic Hairstyles	800
<ul> <li>Advanced Hairstyles Starting</li> <li>*rates depends on the hair length /texture</li> </ul>	Rs.1000*
<ul> <li>Bun Clips Starting</li> <li>*rates depend on the types</li> <li>of clips/extensions used</li> </ul>	Rs.150*
• Fake Bun	Rs.300







#### **AINA BEAUTY SALON & SPA**

The Alcor Hotel : 2nd Floor, Plot No. 4, Opp. Indian Oil Petrol Pump, Ramdas Bhatta, Bistupur, Jamshedpur - 831001 Tel : 0657-6620001, Extn. No. 75

Website: www.thealcorhotel.com